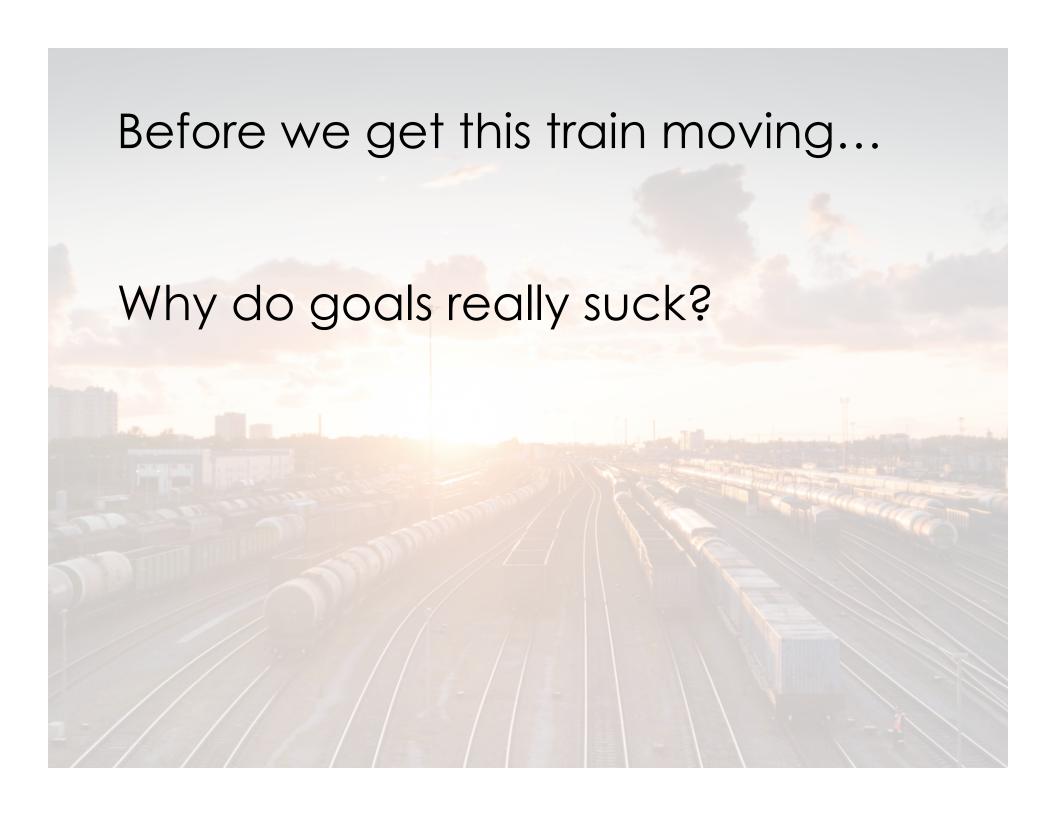


## Getting Crystal Clear on What You'll Accomplish Next Year

by Gabi Logan, founder of Dream of Travel Writing

# Today, we're going to talk about...

- 1. The problem with goals, even if they're "SMART"
- 2. How to choose something that can really guide you for an entire year
- 3. Two exercises that we'll do during the call (be prepared! an unusual addition this week)
- 4. Translating those words into specific actions



Wait?! Didn't I say that you need sales goals?

Sales goals are <u>regular</u> and give you <u>metrics</u> to <u>strive for and track</u> your actions against.

So what kind of annual goals do people usually make?

## The Trouble With SMART Goals for Freelance Businesses

- We typically have a small number of clients compared with other service-oriented small businesses (eye doctor) or product-oriented small businesses (bakery)
- Specific: how do you know what to base this on?
- Measurable: will you actually take the time to do the measurements?
- Achievable: again, how do you know what's possible? Market saturation research?
- Relevant: to what? Your goals? That's circular!
- Time-based: okay, but what if something better comes along?!
- These work for those shorter-term targets (we'll get to those later, don't worry!)

Let's try something better!

What about goals based not on end results, but on production, right?

For freelancers, the method is in the motivation.

## Three Big Motivations for Freelance Writers

- Freedom
- Bylines
- Free Trips

Are you being true to yours?

If you aren't (especially then) make sure this is reflected in your words.

# Wonder why you can't reach your goals time and time again? Or can't even set them?

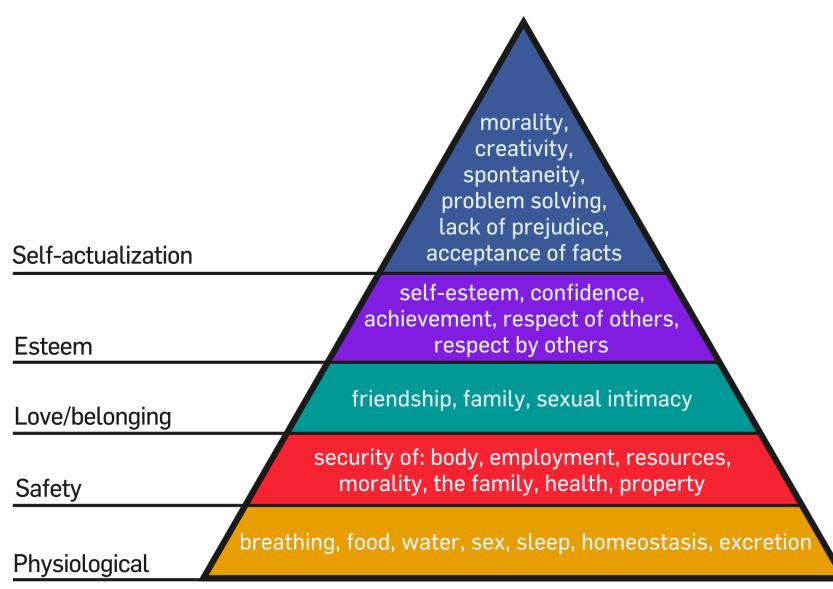
Psychologists believe that motivation is rooted in a basic impulse to:

- ~ optimize well-being
- ~ minimize physical pain
  - ~ maximize pleasure

## Unfortunately for long-term goals...

The best motivation is always what's right in front of you or directly in your rear-view mirror.

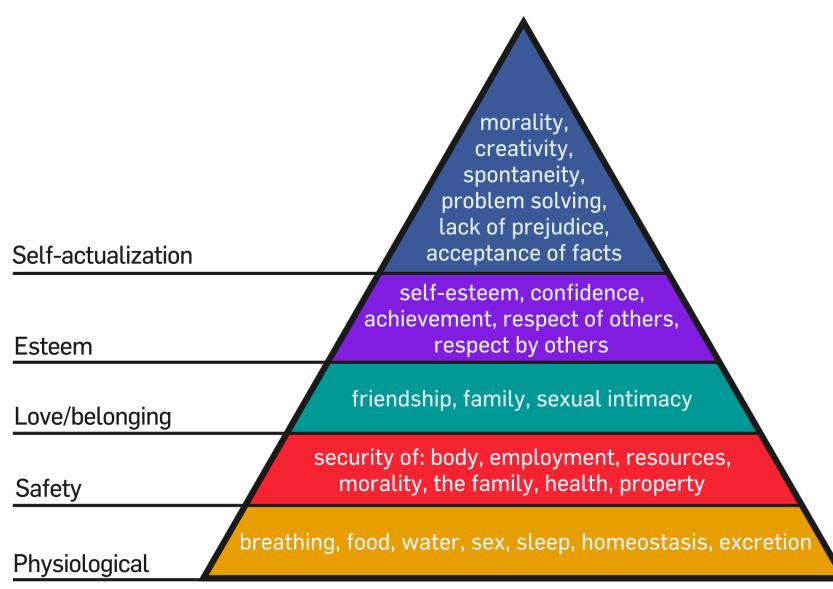
#### The Hierarchy of Needs



# Where is your freelance business and personal life landing in that pyramid?

(Yes, any issues with the later are definitely holding you back in the former)

#### The Hierarchy of Needs



"If I were you, I would choose my next words very, very carefully...."

- every movie ever

Andrea had a great year last year until her biggest client, who took up the majority of her time, took their marketing in-house. She was left scrambling to fill the gap.

She wants to re-grow her business, while keeping herself from being in that situation again.

Andrea's three words could be: diversity, growth, protection.

This year, she'll focus on expanding her client base to a wider set of on-going clients while increasing her income and creating client situations and contracts that give her a safety net for when relationships end.

Ian packed his calendar pretty full with magazine articles last year. He wants to grow his income, but feels lost at times from juggling so many outlets.

He knows he needs to cut back, but is nervous about losing income, so he is going to add recurring writing work on top of his existing magazine work and slowly transition to more of a fifty-fifty split between one-off assignments and on-going relationships.

lan's three words could be: **self-care**, **exploration**, **patience**.

He will work out ways to better handle his current client load while adding the additional strain of exploring new income streams, embracing patience that the extra strain is a short term situation.

Bethany has had a few setbacks this year with personal issues keeping her from working as much as she wanted, as well as the loss of a major client that went under.

Though she's rebounded and found clients to fill the gaps, she feels strained because she isn't spending as much time on her novel or with her family as she would like.

Bethany's three words could be: balance, security, revenue.

She'll push herself to replace her lower-paying clients with higher-paying, more stable ones to allow her to continue at the income level she desires while working fewer hours.

#### Sample Words to Choose From

- independence
- family
- creativity
- achievement / success
- friendship
- acceptance
- commitment
- self-control
- solitude
- justice
- service
- growth
- helpfulness
- hope
- openness
- passion
- Realism
- genuineness
- wealth
- leisure
- tolerance

- autonomy
- generosity
- duty
- adventure
- courtesy
- cooperation
- safety
- self-esteem
- stability
- knowledge
- purpose
- pleasure
- Industry
- excitement
- order
- rationality
- humility
- challenge

- flexibility
- nurturance
- forgiveness
- fun
- tradition
- honesty
- authority
- change
- dependability
- mindfulness
- mastery
- comfort
- fame
- self-knowledge
- self-acceptance
- Simplicity
- moderation
- genuineness

#### Thank you for sharing!

These values will help you make decisions about what to focus on in the year ahead.

Now, I want you to tell us a story. Your story.

But first, let's time travel to December 14, 2018.

#### Let's Do Next Year's Annual Review Now

- Be fictional, time travel, whatever you need. Just write in third- or first-person about what Sally Freelancer got up to in 2018.
- Tell us (or feel free to keep it to yourself, but please do the exercise!)
  - what went well?
  - what did you accomplish?
  - how did you move the needle significantly forward from 2017?

## Now what?!

#### Next Steps

- Pull the specific projects or accomplishments out of your narrative and put them together in a list (or grab your list if you made a list in the first place)
- Compare this to your words. Which ones fit and which ones seem out of left field?
- Should your words be adjusted or your accomplishment list?
- The big question: what do you want your income for 2018 to be?

## Thanks so much for joining us today!

## It was a pleasure chatting travel writing with you ©

Have a follow up question on this webinar? Email <a href="mailto:questions@dreamoftravelwriting.com">questions@dreamoftravelwriting.com</a> and we'll cover it in an upcoming webinar or in our Monday reader mailbag post on the Six-Figure Travel Writer blog.

