

Dream of Travel Writing

Taking Control of How You Track and Reach Your Freelance Travel Writing Goals by Gabi Logan, founder of Dream of Travel Writing

Today, we're going to talk about...

 Are your goals on ICE? How to tell —and immediately fix the issue

2. The Marathon-Training Method of reaching your freelance travel writing goals

3. My favorite "hacks," tips, and tricks for visible goals

Before we get this train moving...

How in control do you feel of your freelance travel writing goals?

If you don't have some sort of:

<u>control</u> over you goals
belief that you're <u>doing it right</u>, or
feedback that what you're doing is effective....

....you'll burn out on goal setting!

The ICE Index: Inefficacy, Cynicism, Exhaustion

When your goals aren't working, you need to ask yourself why not:

- Inefficacy:
 - Lack of purpose
 - Lack of sufficient challenge
 - Lack of impact
 - Lack of acknowledgemen t
 - Lack of effective feedback
- Cynicism:
 - Breakdown of community
 - Culture misfit

- Value conflict
- Insufficient reward
- Unfairness
- Exhaustion:
 - Lack of work-life balance
 - Unrealistic work expectations
 - Overwhelm
 - Unrealistic change of pace
 - Lack of control

Let's ICE-proof your goals with the <u>Marathon-Training</u> <u>Method</u>

What is really the most important goal to you? The biggies

- 1. Freedom
- 2. Bylines
- 3. Trips

Money? (usually part of number one!)

We need goal benchmarks at the:

- Daily level
- Weekly level
- Monthly level
- Quarterly level
- Yearly level

What is your marathon-training schedule?

10-Week Half Marathon Training Schedule

Week	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Total
1	3	Rest	3	3	Rest	4	Rest	13
2	3	Rest	4	3	Rest	5	Rest	15
3	3	Rest	4	3	Rest	6	Rest	16
4	3	Rest	5	3	Rest	8	Rest	19
5	3	Rest	5	3	Rest	10	Rest	21
6	4	Rest	5	4	Rest	11	Rest	24
7	4	Rest	6	4	Rest	12	Rest	26
8	4	Rest	5	4	Rest	9	Rest	22
9	3	Rest	4	3	Rest	8	Rest	18
10	3	Rest	3	Walk 2	Rest	13.1	Rest	21.1

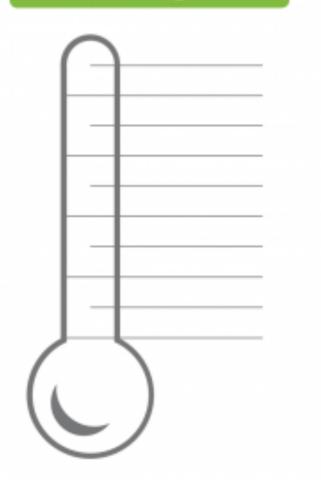
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The Fundraising Thermometer Approach



There a nice blank one you can download online:

Fundraising Goals



A Tool I Highly Recommend to Force Goal Focus

What will you accomplish with ActionAlly on your team?

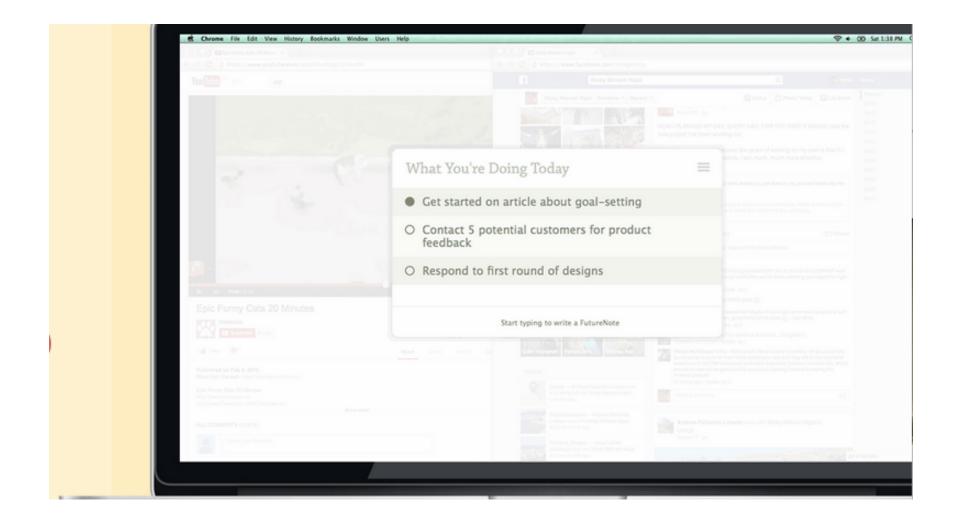
- With ActionAlly you'll plan your most important tasks, every day.
- You'll naturally get started on work as soon as you get to your computer.
- You'll consistently achieve your most important tasks and make massive progress on your work.
- Don't love ActionAlly? Get a refund.

ActionAlly - **LIFETIME** LICENSE

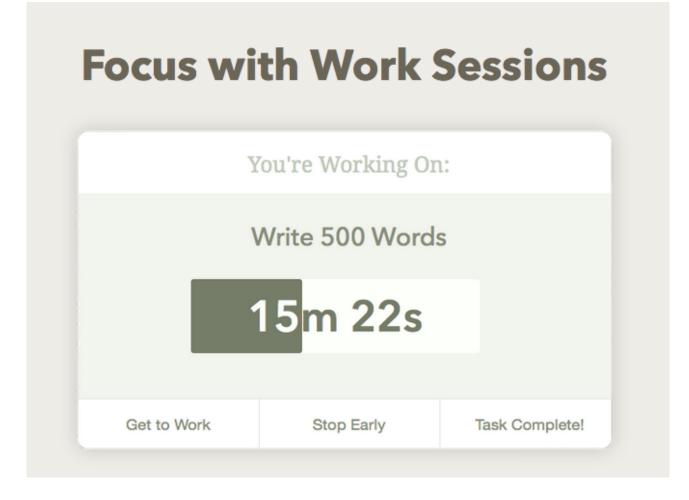
\$37.00

Total: \$37.00

How it Works



Cool Feature: Pomodoro with Purpose



Cool Feature: "Oh, I almost forgot!"-proof

Future Note							
I just realized that the missing piece is a flux capacitor! This changes everything!							
When I'm back from walking Einstein, I'll need to start searching craigslist for cars suitable to contain that much energy.							
Something like a delorean.							
	Return to Tasks						

Thanks so much for joining us today!

It was a pleasure chatting travel writing with you ③

Have a follow up question on this webinar? Email <u>questions@dreamoftravelwriting.com</u> and we'll cover it in an upcoming webinar or in our Monday reader mailbag post on the Six-Figure Travel Writer blog.

